

# MEN'S SHEDS OF WA STATE CONFERENCE 2023



## CELEBRATING SHEDS

2 - 3 November 2023 | University Club UWA



# Thanks WA

By playing lotto,  
you've helped  
build men's and  
community sheds  
across WA.

## WELCOME TO THE MEN'S SHEDS OF WA STATE CONFERENCE 2023

The Men's Sheds movement is celebrating 30 years in Australia and in that time we have contributed to a lasting positive impact on many men and their communities.

With over 7,000 men participating in Sheds across WA we know we are meeting an important social need. We want to find out what is needed for your Shed to become the best possible Men's Shed for your community. Men's Sheds can form part of the solution to solving Australia's health problems.

We have a range of speakers and sessions across these two days that will help us to explore the problems sheds face heading into the future including legacy, growing membership, ensuring services and activities suitable for current and

future members, good governance and safety and ensuring profitability which includes funding opportunities through grants, donations and sponsors. Our trade exhibitors have once again shown their support to Men's Sheds by attending our conference.

This conference is a celebration of how far the Shed movement has come in WA as well as an exploration of next steps and I'm excited to be part of this journey with you all.

Men's Sheds of  
WA CEO

James Wild



## MESSAGE FROM THE PRESIDENT

This year's Biennial Men's Sheds of WA State Conference is a wonderful opportunity for the 180 sheds from around Western Australia to get together, share their stories and hear from speakers with a range of presentations that are specifically relevant to the running, management and governance of sheds.

These two days are the result of a lot of hard work from the Men's Sheds of WA team, our supporters and all the exhibitors in attendance. Men's Sheds of WA would like to recognise with thanks, our main supporter Lotterywest, and every sponsor that has made today possible. Without the support of these organisations, we would not be able to

host events such as this one. I'm looking forward to catching up with everyone over the two days of the Conference, and hearing from our lineup of speakers.

Thanks to everyone for coming. We look forward to the opportunity to meet with you all face to face, and I hope you enjoy the Men's Sheds of WA State Conference 2023.

Men's Sheds of  
WA, President

Trevor Gorey OAM



## General Information

### Catering and exhibition

Lunches and tea breaks have been generously sponsored by Carbatec and Waarble. Enjoy the refreshments and use the breaks to visit the exhibition booths.

### Photos

This is a photographed event. Men's Sheds of WA reserves the right to use any photograph/video taken at this conference for any lawful purpose (including such purposes as publicity, illustration, advertising, and web content) without the express written permission of those included in the photograph/video. A person attending the conference who does not wish to have their image published should make their wishes known to the photographer and staff. Thank you for your understanding and cooperation.

### Join our Facebook Community

[www.facebook.com/mensshedswa](http://www.facebook.com/mensshedswa)

### Follow us on Instagram

@mensshedswa

## MEET OUR PATRONS

### HIS EXCELLENCY THE HONOURABLE CHRISTOPHER JOHN DAWSON AC APM

His Excellency the Honourable Chris Dawson AC APM will be attending the conference on the first morning to officially open the proceedings.

Chris Dawson AC APM joined the WA Police Force in 1976, and provided 46 years of service in Australian law enforcement. He was appointed Commissioner of the Western Australia Police Force in August 2017, serving until July 2022. He was sworn in as the 34th Governor of Western Australia on 15 July 2022.

### MRS. DARRILYN DAWSON

Mrs Darrilyn Dawson is a passionate supporter of the diverse contributions the country sector makes to our state.

With over 40 years experience in the education sector, Mrs Dawson has taught in government and private schools in both country and metropolitan areas.

Mrs Dawson is a Board and Committee member of two independent colleges and enjoys supporting them as they educate and grow our future leaders.



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# Conference Schedule

## Day One | 2 November

<b>8:30 - 9:00</b>	Registration and Networking
<b>9:00 - 9:40</b>	Welcome to country   Dr Richard Walley OAM Official Opening Address   His Excellency the Honourable Christopher John Dawson AC APM
<b>9:40 - 10:40</b>	Leadership and Resilience in Volunteer-led Organisations   Rob Redenbach
<b>10:40 - 11:20</b>	MORNING TEA
<b>11:20 - 11:35</b>	Address from Main Supporter   Lotterywest
<b>11:35 - 12:45</b>	What Makes a Successful Shed?   Prof Kirsten Holmes and Pete McEvoy
<b>12:45 - 1:45</b>	LUNCH
<b>1:45 - 2:45</b>	<b>Breakout Sessions</b> Wellbeing: Dangers of Dust   Cancer Council Promotion: Promoting Your Men's Shed   Blue Salt Consulting Leadership: Paid Employees vs. Volunteers   Volunteering WA
<b>2:45 - 3:15</b>	AFTERNOON TEA
<b>3:15 - 4:15</b>	Woodworking and Social Enterprise   Ross Wortham
<b>4:15 - 4:30</b>	President's Address   Trevor Gorey
<b>4:30 - 5:00</b>	Annual General Meeting
<b>5:00 - 7:00</b>	DRINKS AND CANAPES   Opened by Don Punch MLA

## Day Two | 3 November

<b>9:00 - 9:20</b>	Welcome   Shane Love MLA
<b>9:20 - 9:30</b>	Sponsor Showcase
<b>9:30 - 10:40</b>	Shed Leadership   Prof Alex Haslam
<b>10:40 - 11:10</b>	MORNING TEA
<b>11:10 - 11:20</b>	Shed Showcase   Celebrating 30 Years
<b>11:20 - 12:45</b>	Panel: Working with LGA's   WALGA CEO, Nick Sloan   Subiaco Mayor, David McMullen   Cockburn Mayor, Logan Howlett
<b>12:45 - 1:45</b>	LUNCH
<b>1:45 - 2:45</b>	<b>Breakout Sessions</b> Wellbeing: Men's Health Initiative   Men Healthier Together Promotion: Community Impact Hub   Lotterywest Leadership: Leadership and Cultural Safety   John Alexander
<b>2:45 - 2:50</b>	COMFORT BREAK
<b>2:50 - 3:30</b>	Men's Sheds of WA Awards 2023
<b>3:30 - 3:40</b>	President's Address and Close   Trevor Gorey



# SHARE YOUR SHED STORY

Tell us your shed stories to be featured in the Sheds WA Magazine

Get in touch today [rhiannon@mensshedsWA.org.au](mailto:rhiannon@mensshedsWA.org.au)



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## MEET OUR SPEAKERS

### ROB REDENBACH

Rob Redenbach is the author of *The Promise*. A former casino bouncer who went on to work with Nelson Mandela's bodyguard team in South Africa and then complete executive education at Harvard, Rob has been featured in publications ranging from *Business Review Weekly* to *Virgin Airlines* inflight magazine, *Voyeur*. Drawing from experiences that include providing armed security to aid workers in Iraq, Rob's grounded perspective separates him from armchair experts.



Rob is also an accredited facilitator of The Resilience Shield. Written in conjunction with the University of Western Australia.

### PROF. ALEX HASLAM

A Professor of Social and Organisational Psychology and Laureate Fellow at the University of Queensland. Alex's research focuses on the study of group and identity processes in organisational, social, and clinical contexts. Alex is a former Chief Editor of the *European Journal of Social Psychology* and currently Associate Editor of *The Leadership Quarterly*.



### PROF. PETER MCEVOY

A professor of clinical psychology in the School of Population and Health and enable Institute, Curtin University. Peter's research is broadly in the area of psychological and social interventions to improve well-being at both individual, group and organisational levels. He has also co-led the Men's Shed Wellbeing Survey.



### ROSS WORTHAM

Ross is a passionate advocate for social justice and a creative designer and maker of bespoke fine furniture. In late 2021, after a 20 year career in the non-for-profit sector, Ross took a 12 month career break to learn a new skill. He studied the art of fine furniture making at the Sturt School for Wood. Upon returning to Perth in 2023, Ross built and set-up his furniture studio in the Perth hills and is now a part-time furniture designer and maker. He also holds a part-time role as the CEO at the WA Social Enterprise Council.



Ross has a Cert IV in Furniture Design and Manufacturing from the Sturt School for Wood, a Masters in Community Development from the University of NSW and a Bachelors in International Relations from the University of North Texas.

### PROF. KIRSTEN HOLMES

Kirsten is an internationally-recognised expert in the study of volunteering, particularly in the events, leisure, sport and tourism contexts. Her most recent book is the *Routledge Handbook of Volunteering in Events, Sport and Tourism* (2021). She also has expertise in developing sustainable events and festivals and is the lead author of the *Routledge* textbook *Events and sustainability* (2015).



She has taught at universities in Australia and the UK and conducted research projects across 15 countries.

# THANKS TO OUR SUPPORTERS

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## SILVER SUPPORTERS



## LUNCH BREAK SUPPORTERS



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BlueSalt

Carbatec

Disaster Relief Australia

Jobs Australia

Live Up

Men Healthier Together

Men's Health and Wellbeing WA

Pyrography - Salty Soul Creative

Sally Jane | Guitarist

SongFest/ Shed Song

Timbecon

Woodturners Association of WA

## JOIN OUR NEXT STATE CONFERENCE

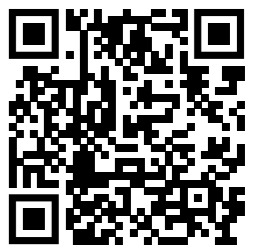
Interested in being part of the 2025 State Conference as a:

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