

INVITATION TO ATTEND THE NORTHERN WHEATBELT ZONE MEETING

Three members of each shed are invited to attend the upcoming Zone Meeting hosted by **the Dowerin Community Mens Shed**

DATE	Tuesday, 2 May 2023
TIME	9:00am to 3:00pm
LOCATION	The Dowerin Community Mens Shed; 3 East Street, Dowerin WA 6461
PARKING	Plenty of parking onsite
COST	\$15 per person, payable on the day to cover catering costs
RSVP	Jaxon@mensshedswa.org.au by Tuesday 25 April 2023 Please advise when you RSVP if you have any dietary requirements.

NORTHERN WHEATBELT ZONE SHEDS:

Beacon Men's Shed
Dalwallinu Men's Shed
Goomalling Men's Shed & Prostate Group
Koorda Community Men's Shed
Meckering Mens Shed
Mukinbudin 1950s Working Farm Shed
Northam Men's Shed
Toodyay Men's Shed

Wundowie & Districts Men's Shed

Cunderdin Men's Shed
Dowerin Men's Shed
Kellerberrin Community Men's Shed
KTY Men's Shed
Merredin Community Men's Shed
Ngagin Maaman Mia Men's Shed
Nungarin Community & Men's Shed
Wongan - Ballidu & District Men's Shed

Wyalkatchem Men's Shed

Your Zone Meeting will be attended by your MSAWA Board representative, Reg Tipple.



DON'T IGNORE THE YAWNING SIGNS

LACK OF SLEEP SLOWS REACTION



WWW.MENSSHEDSWA.ORG.AU

MEETING AGENDA – NORTHERN WHEATBELT ZONE MEETING

9.00 am	Arrive and have a cuppa
9.30 am	<p>Welcome and introductions</p> <ul style="list-style-type: none"> • Welcome by host Shed • Welcome by Men's Sheds of WA Board Member
9.40 am	<p>Let's talk - around the Sheds</p> <ul style="list-style-type: none"> • Sharing your Sheds information - membership numbers and achievements • Please also prepare 3 do's or don'ts for starting a shed (to be compiled for developing sheds)
10.30 am	Coffee and tea break
11.00 am	Guest Speaker - Cancer Council
11:30 am	Regional Health Coordinator update – Rebecca Talbot and/or Richard McAllister
12:00 pm	Guest speaker – Carbatec – Graham MacKellar
12.30 pm	Lunch
1.30 pm	Alzheimer's in sheds discussion with Rebecca Talbot
1.50 pm	<p>News and updates</p> <ul style="list-style-type: none"> • Men's Sheds of WA administration and policy updates • Latest shed wide developments
2.55 pm	Next Zone Meeting details: Location and date
3.00 pm	Farewell to Shedders and close

Photos may be taken on the day for use in Men's Sheds of WA publications, website and social media. Please advise on the day if you are uncomfortable with your picture being used.

This event is supported by the Government of Western Australia's Road Safety Community Grants Program



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