

INVITATION TO ATTEND THE SOUTHWEST ZONE MEETING

Three members of each shed are invited to attend the upcoming Zone Meeting hosted by the **Margaret River Mens Shed**

DATE	Saturday, 29 April 2023
TIME	9:00am to 3:00pm
LOCATION	5 Shepherdson Pl, Margaret River WA 6285
PARKING	Plenty of parking onsite
COST	\$15 per person, payable on the day to cover catering costs
RSVP	Jaxon@mensshedsWA.org.au by Friday, 21 April 2023 Please advise when you RSVP if you have any dietary requirements.

SOUTH WEST ZONE SHEDS:

Augusta Men's Shed	Bethanie Esprit Community Men's Shed	Bethanie Fields Community Men's Shed
Boyup Brook Men's Shed	Bridgetown Grumpy Old Men's Shed	Brunswick Junction Men's Shed
Bunbury Men's Shed	Busselton Men's Shed	Capel Men's Shed
Collie Men's shed	Cowaramup Community Men's Shed	Dalyellup Seasons Shed
Donnybrook Men's Shed	Dunsborough Community Men's Shed	Greenbushes Community Shed
Leschenault Men's Shed	Manji Men's Shed	Margaret River Men's Shed
Nannup Men's Shed	Northcliffe Men's Shed	South West Community Care Men's Shed
Timbers Edge Men's Shed	Waroona Community Men's Shed	

Your Zone Meeting will be attended by your MSWA Board representative, Fred Brondsema.



DON'T IGNORE THE YAWNING SIGNS

LACK OF SLEEP SLOWS REACTION



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MEETING AGENDA – SOUTH WEST ZONE MEETING

9.00 am	Arrive and have a cuppa
9.30 am	Welcome and introductions <ul style="list-style-type: none"> • Welcome by host Shed • Welcome by Men's Sheds of WA Board Member
9.40 am	Let's talk - around the Sheds <ul style="list-style-type: none"> • Sharing your Sheds information - membership numbers and achievements • Please also prepare 3 do's or don'ts for starting a shed (to be compiled for developing sheds)
10.30 am	Coffee and tea break
11.00 am	Guest Speaker - Cancer Council
11:30 am	Regional Health Coordinator update – Rebecca Talbot and/or Richard McAllister
12:00 pm	Guest speaker – Carbatec – Graham MacKellar
12.30 pm	Lunch
1.30 pm	Alzheimer's in sheds discussion with Rebecca Talbot
1.50 pm	News and updates <ul style="list-style-type: none"> • Men's Sheds of WA administration and policy updates • Latest shed wide developments
2.55 pm	Next Zone Meeting details: Location and date
3.00 pm	Farewell to Shedders and close

Photos may be taken on the day for use in Men's Sheds of WA publications, website and social media. Please advise on the day if you are uncomfortable with your picture being used.

This event is supported by the Government of Western Australia's Road Safety Community Grants Program



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