

INVITATION TO ATTEND THE NORTHERN METROPOLITAN ZONE MEETING

Three members of each shed are invited to attend the upcoming Zone Meeting hosted by the **Lake Monger Community Shed**

DATE	Tuesday, 11 April 2023
TIME	9:00am to 3:00pm
LOCATION	Lake Monger Community Shed; 146 Gregory St, Wembley WA 6014
PARKING	Plenty of parking onsite
COST	\$15 per person, payable on the day to the host shed to cover catering costs
RSVP	Jaxon@mensshedswa.org.au by Tuesday 4 April 2023 Please advise when you RSVP if you have any dietary requirements.

NORTHERN METROPOLITAN ZONE SHEDS:

Bassendean Community Men's Shed Inc	Bayswater Community Men's Shed	Bethanie Beachside Shed*
Cambridge Community Men's Shed	Dianella Men's Shed	Ellenbrook & District Men's Shed
Hanwell Way Community Men's Shed	Jones St Community Shed	Joondalup Men's Shed
Karrinyup Community Men's Shed	Lockridge Community Garden And Shed	Menora Rsl Men's Shed*
Mercycare Residential Aged Care Men's Group*	Mosman Park Community Men's Shed	Noranda Men's Shed
Northern Suburbs Men's Shed	Quinns Men's Shed	Regents Garden Menshed
Showgrounds Community Men's Shed	Stirling Community Men's Shed*	Subiaco Community Men's Shed
Vincent Men's Shed	Wanneroo Community Men's Shed	Wheelchairs For Kids, Wangara
Yanchep Community Men's Shed		

Your Zone Meeting will be attended by your MSWA Board representative, Trevor Gorey.



DON'T IGNORE THE YAWNING SIGNS

LACK OF SLEEP SLOWS REACTION



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MEETING AGENDA – NORTHERN METROPOLITAN ZONE MEETING

9.00 am	Arrive and have a cuppa
9.30 am	Opening of Zone Meeting - Welcome and introductions <ul style="list-style-type: none"> • Welcome by host Shed • Welcome by Men's Sheds of WA Board Member
9.40 am	Let's talk - around the Sheds <ul style="list-style-type: none"> • Sharing your Sheds information - membership numbers and achievements • Please also prepare 3 do's or don'ts for starting a shed (to be compiled for developing sheds)
10.30 am	Coffee and tea break
11.00 am	MSWA Presidents update – Trevor Gorey
11.05 am	Guest Speaker - Cancer Council
11.35 am	Regional Health Coordinator and Chaplain update – Rebecca Talbot and Richard McAllister
12:05 pm	Guest speaker – Carbatec – Graham MacKellar
12.30 pm	Lunch
1.30 pm	Guest Speaker – Alzheimer's WA
2.15 pm	News and updates <ul style="list-style-type: none"> • Men's Sheds of WA administration and policy updates • Latest shed wide developments
2.55pm	Next Zone Meeting details: Location and date
3.00 pm	Farewell to Shedders and close

Photos may be taken on the day for use in Men's Sheds of WA publications, website and social media. Please advise on the day if you are uncomfortable with your picture being used.

This event is supported by the Government of Western Australia's Road Safety Community Grants Program



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