

## INVITATION TO ATTEND THE SOUTHERN METROPOLITAN ZONE MEETING

Three members of each shed are invited to attend the upcoming Zone Meeting hosted by the **Pinjarra Community Men's Shed**

<b>DATE</b>	Thursday, 12 May 2022
<b>TIME</b>	9:00am to 3:00pm
<b>LOCATION</b>	Pinjarra RSL; 1889 Pinjarra Rd, Pinjarra WA 6208
<b>PARKING</b>	Plenty of parking onsite
<b>COST</b>	\$15 per person, payable on the day to cover catering costs
<b>RSVP</b>	<a href="mailto:Jaxon@mensshedswa.org.au">Jaxon@mensshedswa.org.au</a> by Thursday 5 May 2021 Please advise when you RSVP if you have any dietary requirements.

### SOUTHERN METROPOLITAN ZONE SHEDS:

Baldivis & District Community Men's Shed	Cockburn Community Men's Shed	Langford Aboriginal Association Men's Shed
Beananging Kwuart Institute	Coolbellup Community Men's Shed	Mandurah Gardens Estate Men's Shed*
Belmont Community Workshop	Falcon Menshed	Mandurah Men's Shed
Belmont Men's Shed	First Marine Menshed	Manning Men's Shed
Bethanie Waters Men Shed*	Fremantle Men's Community Shed	Pinjarra Community Men's Shed
Bicton Men's Shed	Karnet Prison Men's Shed*	Peel Community Men's Shed
Canning Community Men's Shed	Kwinana Men's Shed*	Rockingham Community Shed for Men
		Victoria Park Men's Shed

Your Zone Meeting will be attended by your MSWA Board representative Fred Brondsema.



**DON'T IGNORE THE YAWNING SIGNS**

LACK OF SLEEP SLOWS REACTION



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## MEETING AGENDA – SOUTHERN METROPOLITAN ZONE MEETING

9.00 am	Arrive and have a cuppa
9.30 am	<p>Welcome and introductions</p> <ul style="list-style-type: none"> <li>• Welcome by host Shed</li> <li>• Welcome by Men's Sheds of WA Board Member</li> </ul>
9.40 am	<p>Let's talk - around the Sheds</p> <ul style="list-style-type: none"> <li>• Sharing your Sheds information - please be prepared to answer questions about your Sheds membership numbers, fees, opening hours and achievements.</li> </ul>
10.30 am	Coffee and tea break
11.00 am	Guest Speaker – Boston Scientific – Kent Brinklow and Richard Hocart
11.40 am	Men's Sheds of WA Regional Health Coordinator – Rebecca Talbot
12:10 pm	Guest Speaker – Carers WA
12.40 pm	Lunch
1.30 pm	Guest speaker – WA Police Community Engagement Officer
2.10 pm	<p>Latest News and updates</p> <ul style="list-style-type: none"> <li>• Men's Sheds of WA administration and policy updates</li> <li>• Chaplain update</li> </ul> <p>Latest shed wide developments</p>
2.30 pm	Shed stories – Rob Hodgkinson
2.50 pm	What can Men's Sheds of WA do for your Shed?
2.55 pm	Next Zone Meeting details: Location and date
3.00 pm	Farewell to Sheddors and close

Photos may be taken on the day for use in Men's Sheds of WA publications, website and social media. Please advise on the day if you are uncomfortable with your picture being used.

*This event is supported by the Government of Western Australia's Road Safety Community Grants Program*



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