

## INVITATION TO ATTEND THE METROPOLITAN FOOTHILLS ZONE MEETING

Three members of each shed are invited to attend the upcoming Zone Meeting hosted by the **Gosnells Community Men's Shed**

<b>DATE</b>	Monday, 30 May 2022
<b>TIME</b>	9:00am to 3:00pm
<b>LOCATION</b>	Gosnells Community Men's Shed; 70 Lissiman Street, Gosnells WA 6110
<b>PARKING</b>	Plenty of parking onsite or at the nearby shops
<b>COST</b>	\$15 per person, payable on the day to cover catering costs
<b>RSVP</b>	<a href="mailto:Jaxon@mensshedswa.org.au">Jaxon@mensshedswa.org.au</a> by Monday 23 May 2022 Please advise when you RSVP if you have any dietary requirements.

### METROPOLITAN FOOTHILLS ZONE SHEDS:

Armadale Community Men's Shed	Midland Men's Shed
Crossways Community Men's Shed	Moorditj Mia Program
Foothills Men's Shed	Mundaring Community Men's Shed
Gosnells Community Men's Shed	RGE Men's Shed*
Harrisdale Men's Shed	Rise Men's Program South*
Heart & Soul Men's Shed	Roleystone Men's Community Shed
Kalamunda Men's Shed	Serpentine Jarrahdale Men's Shed
Maddington Men's Community Shed	Station Street Men's Shed

Your Zone Meeting will be attended by your MSWA Board representative, Trevor Gorey.



**DON'T IGNORE THE YAWNING SIGNS**

LACK OF SLEEP SLOWS REACTION



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## MEETING AGENDA – METROPOLITAN FOOTHILLS ZONE MEETING

9.00 am	Arrive and have a cuppa
9.30 am	Welcome and introductions <ul style="list-style-type: none"> <li>• Welcome by host Shed</li> <li>• Welcome by Men's Sheds of WA Board Member</li> </ul>
9.40 am	Let's talk - around the Sheds <ul style="list-style-type: none"> <li>• Sharing your Sheds information - please be prepared to answer questions about your Sheds membership numbers, fees, opening hours and achievements.</li> </ul>
10.30 am	Coffee and tea break
11.00 am	Guest speaker – Boston scientific – Kent Brinklow and Richard Hocart
11.40 am	Guest Speaker – Carers WA
12:10 pm	Men's Sheds of WA Regional Health Coordinator – Rebecca Talbot
12.40 pm	Lunch
1.30 pm	Guest speaker – WA Police Community Engagement Officer
2.00 pm	Shed Stories – Host selected guest speaker
2.20 pm	Latest News and updates: Men's Sheds of WA administration and policy updates Chaplain update Latest shed wide developments
2.55 pm	What can Men's Sheds of WA do for your Shed?
3.00 pm	Next Zone Meeting details: Location and date
3.05 pm	Farewell to Sheddors and close

Photos may be taken on the day for use in Men's Sheds of WA publications, website and social media. Please advise on the day if you are uncomfortable with your picture being used.

*This event is supported by the Government of Western Australia's Road Safety Community Grants Program*



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