



## INVITATION TO ATTEND THE SOUTHERN METROPOLITAN ZONE MEETING

Three members of each shed are invited to attend the upcoming Zone Meeting hosted by the **Fremantle Men's Community Shed**

<b>DATE</b>	Wednesday, 19 May 2021
<b>TIME</b>	9:00am to 3:00pm
<b>LOCATION</b>	Fremantle Men's Community Shed; 70 Shepherd Street, Beaconsfield WA 6162, Australia
<b>PARKING</b>	Plenty of parking onsite
<b>COST</b>	\$15 per person, payable on the day to cover catering costs
<b>RSVP</b>	<a href="mailto:Jaxon@mensshedsWA.org.au">Jaxon@mensshedsWA.org.au</a> by Wednesday 5 May 2021 Please advise when you RSVP if you have any dietary requirements.

### SOUTHERN METROPOLITAN ZONE SHEDS:

Baldivis & District Community Men's Shed	Cockburn Community Men's Shed	Langford Aboriginal Association Men's Shed
Beananging Kwart Institute	Coolbellup Community Men's Shed	Mandurah Gardens Estate Men's Shed*
Belmont Community Workshop	Falcon Menshed	Mandurah Men's Shed
Belmont Men's Shed	First Marine Menshed	Manning Men's Shed
Bethanie Waters Men Shed*	Fremantle Men's Community Shed	Pinjarra Community Men's Shed
Bicton Men's Shed	Karnet Prison Men's Shed*	Peel Community Men's Shed
Canning Community Men's Shed	Kwinana Men's Shed*	Rockingham Community Shed for Men
		Victoria Park Men's Shed

Your Zone Meeting will be attended by your MSA Board representative.



**DON'T IGNORE THE YAWNING SIGNS**

LACK OF SLEEP SLOWS REACTION



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## MEETING AGENDA – SOUTHERN METROPOLITAN ZONE MEETING

9.00 am	Arrive and have a cuppa
9.30 am	Welcome and introductions <ul style="list-style-type: none"> <li>• Welcome by host Shed</li> <li>• Welcome by Men's Sheds of WA Board Member</li> </ul>
9.40 am	Let's talk - around the Sheds <ul style="list-style-type: none"> <li>• Sharing your Sheds information - please be prepared to answer questions about your Sheds membership numbers, fees, opening hours and achievements.</li> </ul>
10.30 am	Coffee and tea break
11.00 am	Latest News and updates <ul style="list-style-type: none"> <li>• Men's Sheds of WA administration and policy updates</li> <li>• Chaplain update and 'WHO' update</li> <li>• Men's Sheds of WA new website</li> <li>• Latest shed wide developments</li> </ul>
11.45 am	Guest Speaker - Services Australia
12:10 pm	Guest Speaker – Regional Men's Health Initiative
12.35 pm	Lunch
1.35 pm	Guest speaker – Alex Kopp from Anglicare
2.00 pm	Grant application and shed funding discussion
2.40 pm	Shed stories
2.45 pm	What can Men's Sheds of WA do for your Shed?
2.55 pm	Next Zone Meeting details: Location and date
3.00 pm	Farewell to Shedders and close

Photos may be taken on the day for use in Men's Sheds of WA publications, website and social media. Please advise on the day if you are uncomfortable with your picture being used.

*This event is supported by the Government of Western Australia's Road Safety Community Grants Program*



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