

INVITATION TO ATTEND MIDWEST ZONE MEETING

Three members of each shed are invited to attend the upcoming Zone Meeting hosted by Dongara Men in Sheds

DATE	Tuesday, 4 May 2021
TIME	9:00am to 3:00pm
LOCATION	Dongara Fire and Rescue Building 6 Russ Street, Port Denison
PARKING	Plenty of parking onsite
COST	Free. <i>With thanks to Dongara Men in Sheds who are supplying the catering</i>
RSVP	Jaxon@mensshedsWA.org.au by Tuesday 20 April 2021 Please advise when you RSVP if you have any dietary requirements.

MIDWEST ZONE SHEDS:

Bindoon Men's Shed	Green Head Men's Shed	Mullewa Men's Shed
Carnamah Men's Shed	Jurien Bay Community Men's Shed	Northampton Men's Shed
Cervantes Community Men's Shed	Kalbarri Mens Shed	The Menshed Geraldton
Chapman Valley Men's Shed	Mingenew Men's Shed	The Moore Men's Shed
Dongara Men In Sheds	Moorra Men's Shed	
Gingin Men's Shed	Mount Magnet Men's Shed	

Your Zone meeting will be attended by Men's Sheds of WA Board member, Richard Porter.



DON'T IGNORE THE YAWNING SIGNS

LACK OF SLEEP SLOWS REACTION



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MEETING AGENDA - MIDWEST ZONE MEETING

9.00 am	Arrive and have a cuppa
9.30 am	<p>Welcome and introductions</p> <ul style="list-style-type: none"> • Welcome by host Shed • Welcome by Men's Sheds of WA Board Member
9.40 am	<p>Let's talk - around the Sheds</p> <ul style="list-style-type: none"> • Sharing your Sheds information - please be prepared to answer questions about your Sheds membership numbers, fees, opening hours and achievements.
10.30 am	Coffee and tea break
11.00 am	<p>Latest News and updates</p> <ul style="list-style-type: none"> • Men's Sheds of WA administration and policy updates • Chaplain update and 'WHO' update • Men's Sheds of WA new website • Latest shed wide developments
12.00 pm	Guest Speaker - Regional Men's Health Initiative
12.30 pm	Lunch
1.30 pm	Guest speaker – Rural West
2.00 pm	Grant application and shed funding discussion
2.40 pm	Shed stories
2.45 pm	What can Men's Sheds of WA do for your Shed?
2.55 pm	<p>Next Zone Meeting</p> <ul style="list-style-type: none"> • Host • Date
3.00 pm	Farewell to Shedders and close

Photos may be taken on the day for use in Men's Sheds of WA publications, website and social media. Please advise on the day if you are uncomfortable with your picture being used.



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